

A one-stop shop for information and resources to help seniors thrive.

## What is the Senior Hub?

The Senior Hub is Fairfield County's #1 source for senior services ensuring health, connection, and independent living for those 60 and older living in Fairfield County. The Senior Hub provides a variety of nutrition and supportive services designed to meet the needs of older adults and their caregivers.



Service. Support. Smart Aging.

## **Services Include:**

- Information and Referral
- Case management
- Caregiver Support
- Home Delivered Meals
- Community Meal Programs
- Personal Care
- Homemaker Service
- Medical Transportation
- Emergency Response Systems
- Minor home repairs and maintenance
- **Activities and Education**
- **Medicare Counselling**
- **Payee Services**

## Want to learn more?



740-681-5050



www.theseniorhubfc.org





Information and Referral provides resource information on community based services for older adults.



Non-emergency medical transportation helps older adults stay current with their medical appointments.



Caregiver Support Programming helps to reduce the stress of caregiving by providing respite and other resources to unpaid family caregivers.



Case management provides on-going assessments and interactions with older adults ensures the quality and adequacy of service meets needs.



Minor home modifications and maintenance ensures a safe and healthy home environment.



In home services helps maintain a clean home environment. Personal care assists with bathing, grooming, and self-care.



Meals on Wheels, Community Dining Sites, Supplemental Food Boxes, and Liquid Supplements give nourishment to the body and the spirit.



Payee services, Medicare Counselling, Evidence-based Preventative Health Education, and Financial Assistance improve quality of life.



Tel-friend, friendly visitor, and volunteer opportunities provide opportunity for socialization.



Emergency Response Systems monitor an older adults safety at home and connects to an emergency call center in case of emergency.